

Did you learn how to take control of diabetes?



Please answer the following questions and return to <insert location>.

1. Was the program delivered in a manner that made it fun and engaging?
2. Did the program provide you with more information on the topic of 'Diabetes'?
3. Are you aware that Type 2 Diabetes is preventable, and even if you are diagnosed with it, the disease is manageable?
4. Do you better appreciate the risk factors and complications of Type 2 Diabetes?
5. Can you see yourself using the practical tips provided, to decrease your risk of developing Type 2 Diabetes?
6. Do you feel encouraged to adopt lifestyle changes long-term, to prevent Type 2 Diabetes?
7. Do you now feel empowered with health education to make informed decisions about your health and well-being?

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